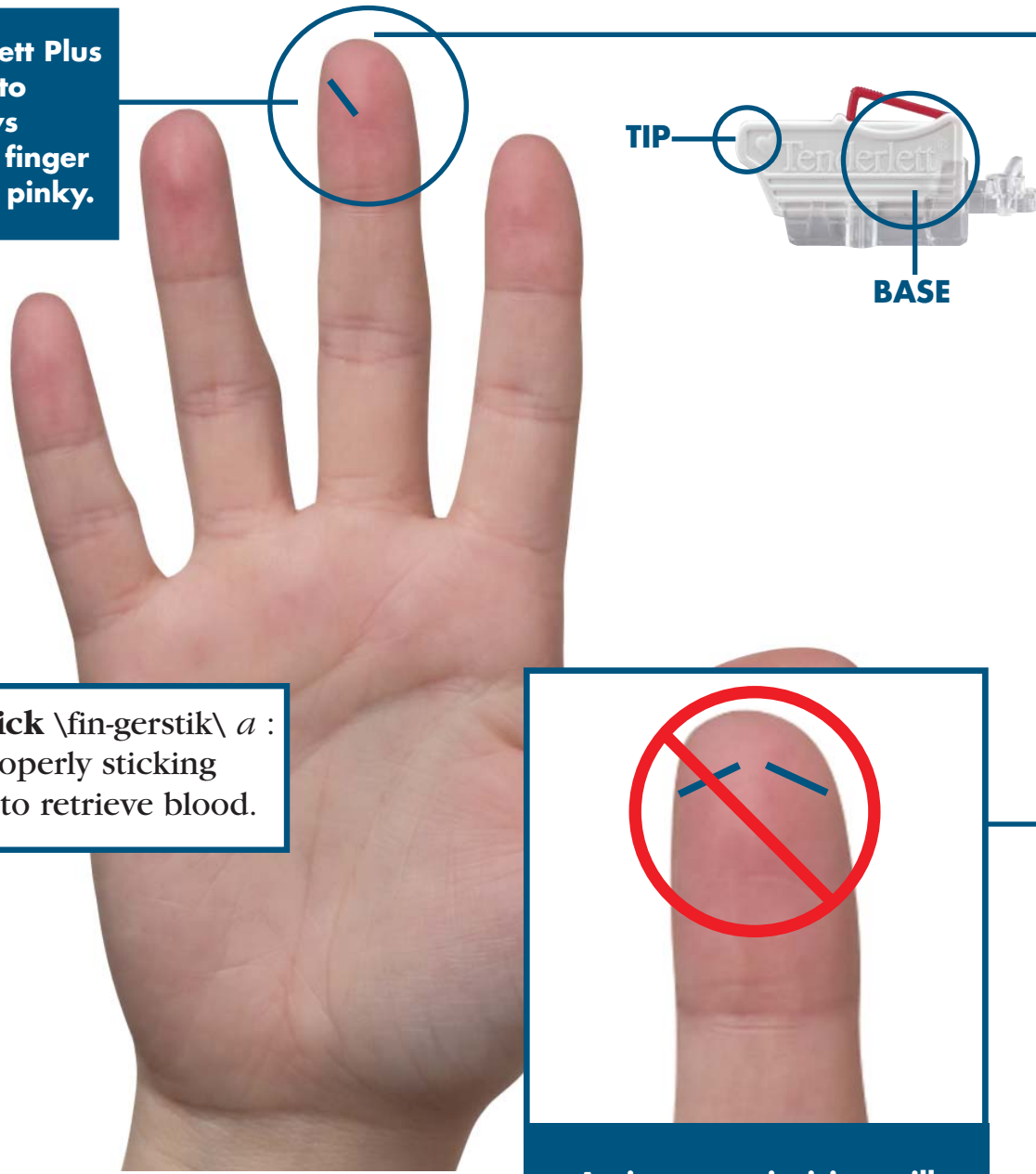


ANATOMY OF A GOOD FINGERSTICK

Place Tenderlett Plus at 90° angle to finger. Always incise side of finger closest to the pinky.



Fin•ger•stick \fin-gerstik\ *a* : the art of properly sticking one's finger to retrieve blood.

An improper incision will cause blood to run down the side of the finger.

The key to obtaining a good ProTime result is collecting a good fingerstick sample.

- Choose middle or ring finger.
- Warm and massage hand to stimulate blood flow, while keeping the hand below heart level.
- Have patient give you a 'High-Five' or 'Low-Five' (when instrument prompts to 'incise finger').
- Place Tenderlett Plus at 90° angle to finger.
- Always incise side of finger closest to the pinky, at a 10:00 or a 2:00 position.
 - 'High-Five' ~ pivot Tenderlett Plus TIP towards pinky.
 - 'Low-Five' ~ pivot Tenderlett Plus BASE towards pinky.
- Firmly press Tenderlett Plus to finger and trigger with thumb.
- Wipe away the first trace of blood.
- Position the hand perpendicular to the ground, like a handshake, to collect blood.
- Squeeze and release the finger pad to obtain ONE LARGE, HANGING DROP OF BLOOD.